

OSHWAL AWAZ



This Diwali, after a break of 2 years Shree Visa Oshwal Community carried out a physical Sharda Poojan. The Management Committee decided to bring the Diwali spirit to Oshwal Centre and beautiful Rangolis & Lighting was done to celebrate the occasion. Over 350 members joined in for refreshments from 4.30 pm followed by the Sharda Poojan conducted by Kishanbhai our Poojari and music by Keval Bid. For Members who were still not comfortable attending a physical Poojan, it was also relayed live on the VOC You Tube Channel and over 190 Members logged into the transmission.















The Library Committee has been engaging the minds of young and old alike by doing various events this year. In October the Committee prepared cookie decoration kits for children. This gave the children an opportunity to take the kits home and at their own convenience decorate these cookies. The kits had 12 cookies for the children to decorate and enjoy. Below some of the talent from our budding young Oshwals.







ORC Awards & Roll Over Ceremony on Wednesday, 20th October 2021















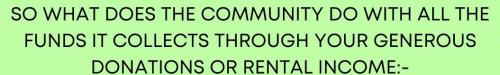


SHREE VISA OSHWAL COMMUNITY

Ref: 236/2021



THIS DIWALI THINK OF YOUR COMMUNITY





26/10/2021

Social Welfare

- Many of our Oshwal Members are not so fortunate and need welfare assistance to survive. Currently, the Community supports and looks after the welfare of 17 such Oshwal families.
- The Community, through its housing project, The Jashodaben K. D. Residency, has been able to provide low rental apartments to 40 Oshwal Families. Did you know that rental at this facility starts from as low as Ksh 10,000 per month?
- Medical assistance is availed to Members who may not be able to afford their hospital bills. The Oshwal Education and Relief board also assists towards part payments of premiums of Members who want to be part of the Oshwal Medical Relief Scheme but cannot afford the premiums.

Community & Country Welfare

- Kenya is always at the heart of the Community and over the last 2 years through the difficult Pandemic times we have assisted local Communities, special needs schools and those most affected by job lay-offs and lockdowns with food assistance and sanitization materials amounting to Ksh 25 million.
- Arranging COVID19 Vaccination Drives.
- We undertake a daily school feeding program at Parklands Primary School and Desai Memorial School for 550 children.
- The Community engages in various other social CSR programmes like drought relief food distribution, Wheelchair and Jaipur Foot donation and many other similar programmes which vary every year.

Neighbourhood Watch (ORC)

• The Community has been supporting the activities of ORC for almost 30 years and this has gone a long way to ensuring that the neighbourhoods our Oshwals live in are safer through the regular patrolling activities undertaken by ORC.

Maintenance/Running of the Oshwal Facilities

- Maintaining and running our Oshwal Facilities are a costly affair. Did you know on average a facility like Oshwal Centre would incur annual expenses of between Ksh 35 million and Ksh 45 million? This would cover maintenance of gardens, staff salaries, electricity costs and repairs and maintenance.
- Maintenance of our Jinalays and running Religious Programmes for the Members to promote Jainism including running Jainism classes for children.
- Various Online and Physical Programmes for Seniors and Members.
- Running and maintenance of the funeral hearse.
- Continuous repair and maintenance of all the facilities including the walking track at Oshwal Centre and the Oshwal Sports Complex.

WHY WE NEED YOU - THE COMMUNITY MEMBER

THE LAST 20 MONTHS HAVE BEEN IMMENSELY DIFFICULT FOR THE COMMUNITY DUE TO THE PANDEMIC AS FUNCTIONS HAVE STOPPED OR REDUCED THUS REDUCING OUR INCOME. WE ARE NOW APPEALING TO OSHWAL MEMBERS FOR YOUR GENEROSITY. PLEASE SUPPORT YOUR COMMUNITY BY DONATING TO ENABLE US TO CARRY ON FUNCTIONING AS NORMALLY AS POSSIBLE AND IN THE BEST WAY TO SERVE YOU.

THIS DIWALI PLEASE DO NOT FORGET YOUR COMMUNITY AND GIVE GENEROUSLY.





SHREE VISA OSHWAL COMMUNITY

Ref. No.: 248/2021

8th November 2021

VISA OSHWAL COMMUNITY FACILITIES FOR FUNERAL & PRAYER MEETING

Shree Visa Oshwal Community facilities are now open for Funeral and Prayer Meetings.

For enquires kindly call VOC
Office on 0733469517 or
email
bookings@oshwalnairobi.org



Secretary



SHREE VISA OSHWAL COMMUNITY

Ref. No.: 249/2021

6th November 2021

BOOK YOUR EVENTS & FUNCTIONS NOW AT REDUCED RATES

For booking, revised number of pax & revised rates for hiring Visa Oshwal Community facilities for 2021 (as per the new Government Directives), kindly call VOC Office on 0733469517 or email bookings@oshwalnairobi.org.

Reduced rates for Oshwal Members as below:

Halls from Ksh 10,000/-Auditorium from Ksh 20,000/-



Samir H. Chandaria Secretary





SHREE VISA OSHWAL COMMUNITY

Ref no.: 244/2021 2nd November 2021

DERASAR & UPASHRAY OPENING AND KESAR POOJA EFFECTIVE FROM TUESDAY, 2ND NOVEMBER 2021

DARSHAN AND KESAR POOJA

- . Shree Munisuvrat Swami Jinalay is open for Darshan and Kesar Pooja daily as per the times given below.
- The Upashray is also open with a maximum limit of 50 people.
- A maximum of 20 people will be allowed in the Derasar at any given time for Darshan.
- Dhravya (fruits, flowers, rice) shall not be allowed inside the Derasar.
- Members to follow the set path for ENTRY to and EXIT from the Derasar.
- Members can perform Kesar Pooja which will be conducted daily as per the times given below.
- Only SIX Members will be allowed inside the Gabharo at any one time to perform the Kesar Pooja.
- One Pakshal Murti shall be placed outside of the Gabharo for daily Pooja.
- All Devotees MUST follow the Rules and Regulations as stated.
- Please follow the instructions of the Pujaris at all times.

Day	Derasar Opening Time	Kesar Pooja Time
Monday to Friday	Morning – 6:00am till 12:30pm Evening – 4:30pm till 8:00pm	6:00am till 11:30am
Saturday and Sunday	Morning – 6:00am till 12:30pm Evening – 4:30pm till 8:00pm	6:00am till 12:00 noon

MORNING SNATRA POOJA, AARTI, MANGAL DIVO AND SHANTI KALASH

- Ghee will be taken daily by the Poojari for the Morning Snatra Pooja, Aarti, Mangal Divo and Shanti Kalash.
- The payment for the Ghee boli must be made to the Poojari on the same day.
- . A maximum of 6 Members will be allowed to perform the Shanti Kalash, Aarti and Mangal Divo.

AANGI, EVENING AARTI AND MANGAL DIVO

- Aangi can be pledged by contacting the Poojari at the Derasar.
- A maximum of 6 Members will be allowed to perform the Aarti and Mangal Divo.

BHAKTI BHAVNA - FRIDAY EVENING

- Bhakti Bhavna is conducted every Friday evening from 8:15pm till 9:30pm.
- Bhakti Bhavna shall be conducted at the Derasar.
- Bhakti Bhavna can be booked by contacting Keval Bid on 0770171333.

JAAP - SUNDAY MORNING

- Jaap is conducted on Sunday morning from 9:30am till 11:00am.
- Jaap shall be conducted in the Upashray. A maximum of 50 people will be allowed inside the Upashray.
- Jaap can be booked by contacting Keval Bid on 0770171333.
- Any Member wishing to conduct a private Poojan must contact the Visa Oshwal Community Office on 0733469517 or 0725339801.

PLEASE FOLLOW THE PUJARIS AND VOC STAFF INSTRUCTIONS AT ALL TIMES

WE URGE ALL MEMBERS TO STRICTLY FOLLOW ALL THE GOVERNMENT DIRECTIVES & COVID PROTOCOLS.

- 1. TEMPERATURE CHECK WILL BE CARRIED OUT.
- 2. FACE MASKS MUST BE WORN CORRECTLY (NOSE AND MOUTH SHOULD BE COVERED) AT ALL TIMES.
- 3. KINDLY WASH HANDS BEFORE AND AFTER WORSHIP AND MAINTAIN 1.5 METERS DISTANCE AT ALL TIMES.
- 4. KINDLY DO NOT SIT ANYWHERE IN THE DERASAR.
- 5. PLEASE REFRAIN FROM VISITING IF YOU HAVE ANY UNDERLYING MEDICAL CONDITIONS.
- 6. NO SOCIALIZING BEFORE OR AFTER THE PRAYERS.

"BE A RESPONSIBLE MEMBER. KEEP YOURSELF AND OTHERS SAFE"



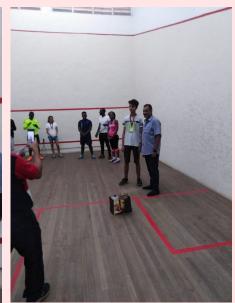
Samir H. Chandaria Secretary THE MANAGEMENT COMMITTEE RESERVES THE RIGHT TO CLOSE ANY FACILITY INCASE THE ABOVE RULES AND REGULATIONS ARE NOT FOLLOWED.

Gyan Pancham

The 5th day after Diwali is known as "Gyan Pancham". Gyan Pancham is celebrated as a day of honoring knowledge and holy books. In Jainism, this day is a time for students and scholars to celebrate Gyan, the divine or transcendent knowledge or wisdom. It is a day of worship of pure knowledge. On this day, all the holy books and scriptures are laid out on a table. People perform pooja on the scriptures, and on blank books and pencils brought by the devotee.

Prayers are said for guidance to acquire the right knowledge.





The Oshwal Sports Complex held a squash tournament on 2nd & 3rd October 2021. A Total of 22 participants (13 Oshwals & 9 Non Oshwals) took part and over the two days players got to exhibit their skills. Many upcoming young players were noticed at the tournament and we hope to see these players make our community proud going forward. The winners were:-

Juniors - Rohan Shah

Ladies – Aaarna Malde

Men's Under 30 – Ilynaseen Nimji (1st Position) & Ahmed Cockar (2nd Position) Men's Over 30 – James Dalidi (1st Place) & Bruce Jusa (2nd Place)



The Oshwal Youth League in conjunction with Oshwal Sports Complex hosted a successful and entertaining Whist Drive tournament that took place on Wednesday 20th October 2021 at the Oshwal Religious Center.

The event saw 72 participants trying to scoop up coveted prizes in 2 different sessions and the overall merged score of their respective score card colors.

Whist drive, otherwise known as chokdi is a very popular cards game in every Indian house hold and we were super excited to see new faces trying their hand in the tournament.

The tournament also acknowledged the oldest participant (Mr Kantilal Shah aged 84) and the youngest participant (master Krishiv Shah age 13 years).

Sponsors of the Event Oro Art Jewelers, Signature Brand (c/o Sanjay Malde), Premier Brand (c/o Paresh Shah), Armco & Tropical heat.

DIWALI ART COMPETITION by OYL

This year's Diwali Art Competition included aarti thali, pot decoration, diya decoration, toran making, mithai box decoration and rangoli competition across various age groups.

Sponsors of the event

Visa Oshwal community (venue partner), Nairobi sports house, Art Oro

Jewelers & Tropical heat















Badminton Tournament by OYL

Oshwal youth league In conjunction with Oshwal Sports Complex hosted Oshwal open badminton tournament 2021 from the 15th of October 2021 to the 17th of October 2021 at the Oshwal Academy Nairobi Primary hall.

The tournament, one of the biggest of it's kind in the recent time attracted 157 particiants in various categories and age groups and the competition was intense and stiff through out the duration of the tournament.

The tournament also witnessed young talent and our future national badminton champions.

A big appreciation goes out to all the parents and coaches for their dedication and mentorship to dig out such amazing talent within our society.

We would also like to take this opportunity to appreciate our sponsors for the tournament

- Nairobi sports house
- tropical heat
- chemicals and school supplies limited.









In October, twenty six staff members from various departments within Visa Oshwal Community were retired as part of the ongoing efforts by the Management Committee to streamline operations. Many of the staff have served the Community for over 20 years and a farewell party was held for all the staff where the staff were thanked for their great service and tokens of appreciation were given. The Visa Oshwal Community wishes all the staff the best in their future endeavors.



















Healthy Juice Cleanse Recipes

Drink Your Greens:

- 2 cups Baby Spinach Leaves (or 4-6 leaves of kale)
- 6 Celery
- 2 large Cucumber
- 1/2 Lemon
- 2 medium Apples
- 1-2 inch Ginger
- 1/4 1/2 cup Parsley Leaves

The Detoxifier:

- 2-3 med-lg Beets
- 6 Carrots
- 2 medium Apples
- 1/2 Lemon
- 1-2 inch Ginger

The Vision:

- 8 large Carrots
- 2-3 Navel Oranges
- 1-2 inch Ginger
- 1 inch Turmeric (optional)

Sweet Carrot:

- 10 large Carrots
- 2 medium Apples
- 1/4 cup Parsley (optional)

Instructions

- 1. Wash, prep, and chop produce.
- 2. Add produce to juicer one at a time.
- 3. Serve cold over ice. May store in tightly sealed jars or glasses in the refrigerator for 7-10 days. Shake or stir well before drinking.

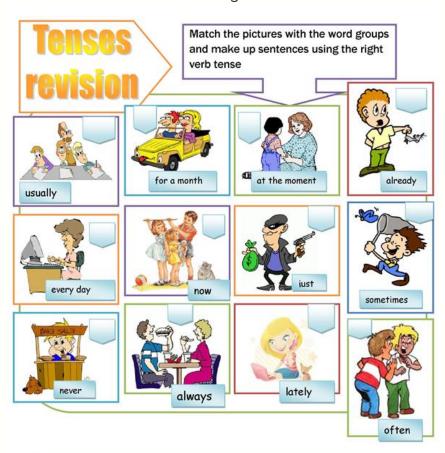


Eat Better, Not Less!

Green Corner



Seal any broken glass in a box or wrap it in several sheets of newspaper before placing it in the garbage bin. This ensures the safety of anyone handling the broken glass, prevents plastic bin bags from splitting and contains the broken glass.



- 1. to travel by car 2. to have lunch together 3. to read an e-mail
 - 4, to cheat on a test 5

6. to sell bakery

- 5. to measure their height
 7. to catch a mouse 8. to talk to her son
- 9. to type letters 10. to rob a bank
 - 11. to chase after a butterfly 12. to gossip about girls

Be a part of the Oshwal Awaaz by contributing articles for Members to read & enjoy.

Please email on admin@oshwalnairobi.org